Restaurant Salad Menu with Prices and Calories 2026

Green Leaf Bistro · Updated November 2026 · romeospizzahazlet.com

Classic Green Salads

Item	Price	Calories
Caesar Salad	$8.99	450
Garden Salad	$7.49	320
Greek Salad	$9.29	410
Spinach Salad	$8.99	390
Mixed Greens Salad	$7.99	300

Chicken Salads

Item	Price	Calories
Grilled Chicken Salad	$10.99	610
Buffalo Chicken Salad	$11.49	680
Chicken Caesar Salad	$11.29	650
Asian Chicken Salad	$11.99	700
BBQ Chicken Salad	$11.59	690

Seafood Salads

Item	Price	Calories
Shrimp & Avocado Salad	$12.99	720
Tuna Salad	$11.49	610
Salmon Salad	$13.99	740
Crab Cake Salad	$14.29	780
Seafood Medley Salad	$13.59	750

Vegetarian Salads

Item	Price	Calories
Quinoa Salad	$9.99	480
Roasted Beet Salad	$9.49	430
Caprese Salad	$9.79	510
Kale & Avocado Salad	$10.29	520
Mediterranean Chickpea Salad	$9.99	490

Salad Dressings

Item	Price	Calories
Ranch Dressing (2 oz)	$0.99	140
Balsamic Vinaigrette (2 oz)	$0.99	80
Caesar Dressing (2 oz)	$0.99	160
Honey Mustard (2 oz)	$0.99	120
Blue Cheese (2 oz)	$0.99	170

Salad Combos

Item	Price	Calories
Half Garden Salad & Soup Combo	$11.99	540
Half Caesar & Half Chicken Salad Combo	$13.99	700
Shrimp Salad & Garlic Bread Combo	$15.99	900
Greek Salad & Fresh Fruit Combo	$13.49	620
Quinoa Salad & Lentil Soup Combo	$13.99	670

Salad Add-Ons

Item	Price	Calories
Grilled Chicken Breast	$3.99	190
Shrimp (5 pcs)	$4.49	150
Avocado Slices	$2.49	80
Hard-Boiled Egg	$1.49	70
Bacon Crumbles	$1.99	110

Kids' Salads

Item	Price	Calories
Kid's Caesar Salad	$6.99	320
Kid's Garden Salad	$6.49	280
Kid's Chicken Salad	$7.99	400
Kid's Fruit & Greens Salad	$6.99	300
Kid's Veggie Salad	$6.49	290

Salad Bowls to Go

Item	Price	Calories
Classic Caesar Bowl	$9.99	460
Southwest Chicken Bowl	$11.99	700
Mediterranean Veggie Bowl	$10.49	520
Tuna Salad Bowl	$11.49	610
Quinoa Power Bowl	$10.99	530

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.