Panda Express Bowl Menu 2026 – Prices, Calories & Meal Options

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Bowl Menu Options

Item	Price	Calories
The Original Orange Chicken Bowl	$9.50	560
Kung Pao Chicken Bowl	$9.50	270
Mushroom Chicken Bowl	$9.50	180
String Bean Chicken Breast Bowl	$9.50	210
Honey Sesame Chicken Breast Bowl	$9.50	420
Grilled Teriyaki Chicken Bowl	$9.50	280
Broccoli Beef Bowl	$9.50	190
Beijing Beef Bowl	$9.50	480
Honey Walnut Shrimp Bowl (Premium)	$11.00	340
Black Pepper Sirloin Steak Bowl (Premium)	$11.00	200

Plate Menu Options

Item	Price	Calories
2 Entrées + 1 Side Plate	$11.50	430-1640
Honey Walnut Shrimp Plate (Premium)	$13.00	340
Black Pepper Sirloin Steak Plate (Premium)	$13.00	200
Kung Pao Chicken Plate	$11.50	270
Mushroom Chicken Plate	$11.50	180
Original Orange Chicken Plate	$11.50	560
Beijing Beef Plate	$11.50	480
Broccoli Beef Plate	$11.50	190
Grilled Teriyaki Chicken Plate	$11.50	280
String Bean Chicken Breast Plate	$11.50	210

Bigger Plate Menu

Item	Price	Calories
3 Entrées + 1 Side Bigger Plate	$13.50	580-2150
Honey Walnut Shrimp Bigger Plate (Premium)	$15.00	340
Black Pepper Sirloin Steak Bigger Plate (Premium)	$15.00	200
Orange Chicken Bigger Plate	$13.50	560
Kung Pao Chicken Bigger Plate	$13.50	270
Mushroom Chicken Bigger Plate	$13.50	180
Beijing Beef Bigger Plate	$13.50	480
Broccoli Beef Bigger Plate	$13.50	190
Grilled Teriyaki Chicken Bigger Plate	$13.50	280

Panda Bundles (Meals + Drink)

Item	Price	Calories
Bowl Bundle + Medium Drink	$12.10	280-1130
Plate Bundle + Medium Drink	$14.10	430-1640
Bigger Plate Bundle + Medium Drink	$16.10	580-2150

Panda Cub Meals (Kids Menu)

Item	Price	Calories
Orange Chicken Cub Meal	$7.80	300-530
Grilled Teriyaki Chicken Cub Meal	$7.80	300-530
Broccoli Beef Cub Meal	$7.80	300-530
Build Your Own Cub Meal	$7.80	300-530

Sides & Appetizers

Item	Price	Calories
Fried Rice (Medium)	$4.75	610
Fried Rice (Large)	$6.75	910
Chow Mein (Medium)	$4.75	510
Chow Mein (Large)	$6.75	760
Veggie Spring Roll	$2.10	240
Chicken Egg Roll	$2.10	200
Cream Cheese Rangoon	$2.10	190
Hot and Sour Soup	$2.50	80

Beverages

Item	Price	Calories
Fountain Drink (Small)	$2.40	0-210
Fountain Drink (Medium)	$2.80	0-280
Fountain Drink (Large)	$3.20	0-370
Panda Crafted Strawberry Dragonfruit Refresher	$3.70	140
Panda Crafted Peach Lychee Refresher	$3.70	210
Panda Crafted Pomegranate Pineapple Lemonade	$3.70	240
Panda Crafted Watermelon Mango Refresher	$3.70	210
Dasani Bottled Water	$2.80	0
Powerade Berry Blast	$3.20	130
20oz Coca-Cola	$2.80	240

Family & Catering Meals

Item	Price	Calories
5 Person Family Meal	$50.00	Varies
12-16 Person Party Bundle	$130.00	1500-3000
18-22 Person Party Bundle	$184.00	2000-3500
26-30 Person Party Bundle	$230.00	2500-4500
Party Size Side Tray	$24.00	Multiple servings
Party Size Entrée Tray	$52.00	Multiple servings
Party Size Appetizers & Desserts	$37.00	Multiple servings

Premium Entrées (Add-Ons)

Item	Price	Calories
Honey Walnut Shrimp	+$1.50 per bowl	340
Black Pepper Sirloin Steak	+$1.50 per bowl	200
Cantonese BBQ Brisket	+$2.25 per bowl	410

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.